



AREOLA REPIGMENTATION

PRE-PROCEDURE INFORMATION

The healing time immediately after your first procedure is crucial. Depending on how you follow directions and how your treated area responds your results will be varied. It is not uncommon to lose up to 50% of all pigment. It can take approximately 30 days for the pigment to encapsulate (for your skin to build a cellular wall around each little particle of pigment). Your body will fight the pigment and the process in the beginning. After the first and second procedure you will notice a huge difference in the outcome after your healing process. Because results may vary in the initial process, you should follow the instructions below as precisely as you can.

- 1) You may experience slight discomfort after your procedure (much like a scrape) but it should reduce over the first 24 – 36 hours. Your skin may feel tender to the touch for up to 36 hours. The tattooed area may feel dry and tight as it heals. If you experience itching or flaking, do not pick or peel it off. (If your treated area is Itching or flaking it needs moisture). Continue to use the healing cream and cotton rounds that I have provided for you.
- 2) Use cotton rounds, healing cream and paper tape that I have provided for you 1 time today (the day of your procedure) - unless instructed by Athena otherwise.
- 3) DO NOT expose the treated area to the sun, soap or any make-up. Please do not apply any lotion except for the ointment / healing cream given to you at the time of your procedure.
- 4) On the second day after your procedure, it is important to let the area dry out without the cotton round, the cream or a bra. Best to wear a loose fitting cotton t-shirt for as long as possible each day. You MUST use the healing cream, cotton rounds, and paper tape when sleeping - with or without a t-shirt.
- 5) The skin will exfoliate in 5 to 7 days and the area will become lighter. The healing phase takes about 30 days. The color will become encapsulated and could change color. The tissue is 25% to 50% darker than the healed area will be. Your skin will be slightly bruised / red under the pigment, which can change (temporarily) the immediate color - don't panic! This is normal. This is all apart of the healing process. A touch up/ follow up appointment will perfect the color and shape. This appointment should take place anywhere from 3-6 weeks after the initial procedure. You will most likely require 3 visits to perfect any procedure. Sometimes another visit may be required at Athena's discretion. The tattooed area should last for several years

Please follow the above instructions to achieve the best results.

Please do not hesitate to contact me at any time if you have any questions or concerns at **415.412.9700** or **athenakarsant@mac.com**.